



OLD MISSION PENINSULA SCHOOL

October 2023

LUNCH MENU

< Meal Name > = Meal is Vegetarian ****Meal Name**** = Meal can be served Vegetarian

Lunch choice including vegetable fruit & milk \$4.00 and Milk (only) \$.60

Please call the school ahead of time if your child has any food allergies!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10/2 Spaghetti Marinara w? Meatballs, Fresh Bread Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/3 Grilled Cheese Sammie & Tomato Soup Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/4 Chicken, Bacon, Ranch Wrap Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/5 Broccoli Cheddar Quiche Squares Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/6 Pancakes, Chicken Sausages w/Maple Syrup Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>
<p>10/9 Biscuits and Gravy w/ Scrambled Eggs Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/10 Chicken Tortellini Soup, Fresh Baked Rolls Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/11 Southwest Veggie Wrap with Black Beans & Sweet Potatoes Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/12 Dominican Moro (Black Beans & Rice), Baked Chicken Thighs Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/13 Cheesy Pizza Pinwheels Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>
<p>10/16 < 3 Bean Chili >, Cornbread Muffins Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/17 Chicken Patty Sandwich, Steamed Corn, Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/18 < Black Bean & Cheese Quesadillas > Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/19 Italian Sausage with Bowtie Pasta Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/20 Early Release Day! Pick up 11:37AM</p>
<p>10/23 < Curried Red Lentil Soup >, Fresh Baked Rolls, Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/24 < Yellow Rice, Bean & Cheese Burritos > Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/25 **Chicken Pasta Alfredo**, Broccoli Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>10/26 **Loaded Nachos w/ Cheese & Beef** Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>< 10/27 > < Waffles with Whipped Cream > & Bacon Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>
<p>10/30 Beef Cheeseburgers Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>	<p>< 10/31 > Three Cheese Lasagna, Fresh Baked Rolls, Veggies, Fruit, Milk OR Fruit & Vegetable Bento Box Milk</p>			