



# OLD MISSION PENINSULA SCHOOL

## November 2023

### LUNCH MENU

(Meal Name) = Meal is Vegetarian \*\*Meal Name\*\* = Meal can be served Vegetarian

**Lunch choice including vegetable fruit & milk \$4.00 and Milk (only) \$.60**

Please call the school ahead of time if your child has any food allergies!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>11/1 Chicken Fried Rice, Fruit, Vegetable, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/2 (Make Your Own Bagel Bar) with Cream Cheese &amp; Toppings, Vegetable, Fruit, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/3 <b><u>NO School Today!</u></b></p>
<p>11/6 (Cheesy Baked Ziti) Fruit, Vegetable, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/7 Build Your Own Beef Tacos, Fruit, Vegetables, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/8 (Greek Yogurt w/Homemade Granola) Fruit, Vegetables, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/9 Chicken Noodle Soup, Fresh Baked Rolls, Fruit, Vegetable, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/10 BLT Sammies, Fruit Smoothie, Fruit, Vegetable, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>
<p>11/13 Ham &amp; Cheese Rollup, Fruit, Vegetable, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/14 (Grilled Cheese Sammie w/Tomato Soup) Fruit, Vegetable, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/15 **Spaghetti Marinara w/Meatballs** Caesar Salad, Fruit, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/16 Biscuits &amp; Sausage Gravy w/Scrambled Eggs, Fruit, Vegetable, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/17 (Cheesy Pizza Pinwheels) Fruit, Vegetable, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>
<p>11/20 **Pancakes w/Chicken Sausage** Fruit, Vegetable, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/21 (Black Bean &amp; Cheese Quesadilla) Fruit, Vegetable, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/22 <b><u>NO School Today!</u></b> Thanksgiving Break</p>	<p>11/23 <b><u>NO School Today!</u></b> Thanksgiving Break</p>	<p>11/24 <b><u>NO School Today!</u></b> Thanksgiving Break</p>
<p>11/27 **Chicken Poke Bowl w/Fresh Veggies** Fruit, Vegetables, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/28 100% Beef Hotdog, Fruit, Vegetable, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/29 (Vegetable Lo Mein) Fruit, Vegetable, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	<p>11/30 Turkey Cheddar Sammie &amp; Fruit Smoothie, Fruit, Vegetable, Milk</p> <p><b>OR</b> Fruit &amp; Vegetable Bento Box, Milk</p>	